



Proudly Presents

First time in INDIA

Certificate of Attainment in Supervision (COA) Training course

Certificate of Attainment in Supervision (COA) Training course Counselling Supervision is an essential safeguard for clients, support for counselors, and a process through which practitioners can develop their skill and competence. A competent Counselling Supervisor should be able to conduct supervision sessions using various supervision interventions, provide effective evaluation and feedback to supervisee's and addresses the ethical and legal considerations of supervision.

This training course is designed to give a Supervision qualification for mental health professionals in clinical practice particularly those who wish to become eligible to apply for listing as a Supervisor. This 3-day course covers the required competencies to get the eligibility for listing on the ACA Supervisor Register under the ACA College of Supervisors.

This training encompasses approximately 24 hours of face to face supervision training and 40 hours of pre-workshop study. The training culminates in a formal assessment phase and meets the specified criteria for the current ACA Supervision Training Standards (2013).

The COA in Supervision course will enable the graduate, as a minimum, to:

- Define the role of a Clinical Supervisor;
- Identify the goals of supervision;
- Describe the supervisory relationship;
- Demonstrate the skills required for conducting diverse Supervision interventions;
- Provide effective evaluation;
- Present effectual feedback to supervisees;
- Successfully undertake a variety of supervisor administration tasks and address the ethical and legal considerations of supervision.

Pre-course training:- each student will get the document of “The Practice of Counselling & Clinical Supervision” 2017, Australian Academic Press, as part of their course fees. Before beginning, the workshop participants should mandatorily complete the questionnaire given in the book. This practice allows the student with a broad theoretical understanding of the different settings and theories of supervision. Students are suggested to allocate at least five days or the equivalent in hours to read the text and answer the questionnaire. The successful completion of the survey is required before the student can move into the 3 Day workshop phase. On arrival, students will get a comprehensive Workshop manual integral to the course.

Overview of Program:-

Theory of Supervision

What is Professional Supervision?

What skills does a professional supervisor need?

What will be covered in a session of professional supervision?

What are the different settings and forms for professional supervision?

What are the Supervisor and Supervisee’s responsibilities?

Legal and Risk management issues in the Allied Health Industry Legislation

Front-line management professional supervision

Issues in applying Professional Supervision

Resistant supervisees

Armstrong Model

Note taking and record keeping

Mental Health Issues and Supervision

Transference potential

Stress, Anxiety, Conflict and potential Burnout.

Break-up of the three days: Students will spend 1 ½ days moving through the workbook including completing supervision scenarios. For practice Supervision sessions in triads ½ a day is allocated. Day 3 is the formal assessment day; each student will rotate through a triad filling three positions; Supervisor, Assessor and Supervisee, each position is completed over a 60 minute period. There are no role plays in this workshop. All students are to bring real and relevant issues for supervision to the workshop. Please ensure that the issues are of a nature that you would discuss with your supervisor and not personal counselling issues. Using the text and completing the questionnaire will give you a good indication of the scope of the issues that you may choose to bring.

Additional Information is provided on:

1. Consent Forms and Contracts
2. Confidentiality form

Your presenter for the course is Dr. Philip Armstrong.



Dr Philip Armstrong is a world renowned presenter, educator and leader in the mental health community. Dr Armstrong has been invited to keynote conferences in Australia, Hong Kong, Singapore, Philippines, Italy and the UK. He has run workshops and spoken at conferences in Australia, New Zealand, Hong Kong, Canada, USA, Singapore, Indonesia, Fiji and Philippines. His expertise in Supervision has been recognised throughout the Asia Pacific Rim theatre where many peak bodies have adopted his RISE UP model as their preferred program.

In Australia Dr Armstrong's supervision training program is undertaken by psychiatrists, psychologists, psychotherapists, counsellors, social workers, welfare workers, general practitioners, physiotherapists and occupational therapists. Dr Armstrong's textbook "The Practice of Counselling and Clinical Supervision" is the highest selling supervision text in the Asia Pacific Rim area. Philip has also published a textbook on counselling and a best-selling text on marketing for Private Practitioners. Dr Armstrong is also sought after by many professional bodies for consultancy work in developing mental health services and establishing counselling services.

Dr Armstrong is well known for his political activist work and is sought after by government for comment on mental health issues. He is also well known for his work as the Chief Executive Officer of the Australian Counselling Association and as the Secretary-General of Asia Pacific Rim Confederation of Counsellors. Dr Armstrong is the founder and editor of Australia's best-selling counselling journal "Counselling Australia". Dr Armstrong is also the recipient of the Defence Force Medal, Defence Force Service Medal and Australian Service Medal (SE Asia bar) from his time in the Australian Army.

For any additional information, please feel free to contact

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